



Holyoakes Field First School Newsletter

Friday 7th February 2025

Home/School Communication.

Communication between school and home plays a vital part in every school day. As a school we continue to find the best way to keep our families informed with what is going on in school.

As well as our 'dates for the diary' section on the newsletter, our school website calendar is full of all school events throughout the term and beyond. The website calendar is checked and updated on a weekly basis, if you click on an event all details about the event will be shown (time, location, etc).

We will include the link to the calendar in the dates for the diary section of the newsletter fortnightly.

[Published Calendar - HofWebsiteCalendar - Outlook](#)



Brockhill Development Construction Work

As you are aware, the ongoing construction work leading up to and surrounding the school site is continuing at pace with the next phase having started. During the development there will be transitions between contractors, M.V Kelly have now completed their part of the project. We would like to thank the M.V Kelly team for their support during our busiest times of the day. TC homes have now started work on the barn adjacent to the school, a meeting will be held between to school and TC Homes to establish a positive working relationship.

Thank you for your ongoing support and understanding during what continues to be a challenging time especially during drop off and pick up times.

For more information or to raise any concerns, please contact Lisa Webb of Persimmon Homes via lisa.webb2@persimmonhomes.com.

DATES FOR THE DIARY

Wednesday 12th February—Let's talk handwriting parent workshop—Whole School

Wednesday 12th February—Year 2 assembly 2.30pm

Thursday 13th February—Reception art gallery 2.30pm

Friday 14th February - Year 2 Royal banquet 2pm

Friday 14th February—School closes at 3pm for half term break

Monday 24th February—School re-opens to all pupils.

Wednesday 26th February—Parent consultation

Thursday 27th February—Parent consultations

Tuesday 4th March—Scholastic book fair EYFS

Wednesday 5th March—Scholastic book fair KS2

Thursday 6th March—KS1 Scholastic book fair

[Published Calendar - HofWebsiteCalendar - Outlook](#)

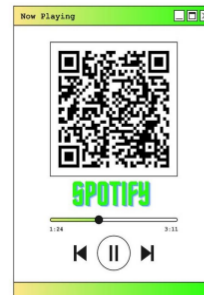


HOME INFORMATION



February's Musician of the Month

Nusrat
Fateh Ali Khan



About: Nusrat Fateh Ali Khan (1948 – 1997) was a Pakistani singer, songwriter, and music director. He was primarily a singer of qawwali — a form of Sufi devotional music and is considered by The New York Times to be the greatest qawwali singer of his generation. He was known for his vocal abilities and could perform at a high level of intensity for several hours. Khan is widely credited with introducing qawwali music to international audiences. He was also a master in Hindustani classical music.

Genres: Qawwali, Religious & Classical

Active from: 1971 - 1997

Origin: Faisalabad, Pakistan

Books to read...

If you like Nusrat Fateh Ali Khan, try...



- Rahat Fateh Ali Khan
- The Nooran Sisters
- The Sabri Brothers

Parents evening.

Thank you to all parents who have already responded, requesting a slot for parents evening on the 26th or 27th February.

A reminder that the booking system will close at 3pm on Monday 10th February for anyone who is yet to request a slot.

<https://forms.office.com/Pages/ResponsePage.aspx?id=fdtENOScCOmIdLh3WwBKuqZqqN8nFoRMrGx13lCCOzTURURPVFIZVDhEQkk2SU1SOTNNTTEJUVFkwMy4u>

Parents' Evening
Click here to book
your appointment

SEND News

World Book Day.

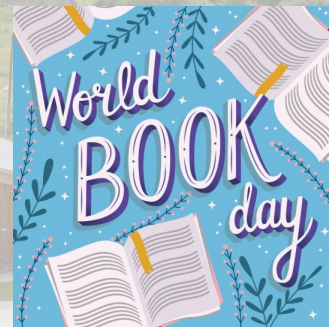
Children are invited to wear their pyjamas to school on Thursday 6th March.

During this week the Scholastic book fair will running after school on the following days:

Tuesday 4th March—EYFS 3.15pm—4.00pm

Wednesday 5th March—KS2 3.15pm—4.00pm

Thursday 6th March—KS1 3.15pm—4.00pm



Hereford and Worcestershire ADHD Support Programme

Understanding and Supporting My Child's ADHD - For Parents Whose Child Has a Diagnosis of ADHD

Click or Scan the QR Code To Book Your Place On a Live Webinar... Remember to Book All Three, a Session 1, a Session 2, and a Session 3 Date.

Session 1 Dates	Session 2 Dates	Session 3 Dates
Thursday 30th Jan 19.00-20.15	Thursday 6th Feb 19.00-20.15	Thursday 13th Feb 19.00-20.15
Thursday 27th Feb 10.00-11.15	Thursday 27th Feb 13.00-14.15	Thursday 27th Feb 19.00-20.15
Monday 17th Mar 13.00-14.15	Monday 24th Mar 13.00-14.15	Monday 31st Mar 13.00-14.15
Wednesday 19th Mar 10.00-11.15	Wednesday 26th Mar 10.00-11.15	Wednesday 2nd Apr 10.00-11.15
Wednesday 9th Apr 10.00-11.15	Wednesday 9th Apr 13.00-14.15	Wednesday 9th Apr 19.00-20.15
Tuesday 25th Mar 19.00-20.15	Tuesday 1st Apr 19.00-20.15	Tuesday 8th Apr 19.00-20.15
Thursday 10th Apr 10.00-11.15	Thursday 10th Apr 13.00-14.15	Thursday 10th Apr 19.00-20.15

Learn About...

- Neuroscience of ADHD
- ADHD Characteristics and Presentations
- Co-Occurring Conditions
- Sensory Integration
- Executive Functioning
- Lifestyle and environments
- Mealtimes
- Sleep
- Movement
- Emotional regulation
- Strategies to support all of the above

Register Now

Secure your place on our 3-part webinar series delivered online via Zoom.

Remember to book onto one Session 1, one session 2, and one Session 3.

CHILDREN'S MENTAL HEALTH WEEK

3rd - 9th February

This year, Children's Mental Health Week is focusing on **KNOW YOURSELF, GROW YOURSELF**



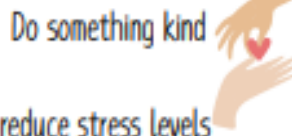
When we take notice of ourselves and how we feel, we are able to make better choices and be more connected with our feelings and behaviours. Noticing these things can help us recognise when we need support.

10 things to do to boost your mental wellbeing

Try to get enough sleep



Relax and reduce stress levels



Spend time being creative



Talk about your feelings



Learn a new skill



Do something for yourself



Spend time outside in the fresh air



Be physically active



Connect with other people



TOP TIP: BE KIND TO YOURSELF!

KINDNESS is a simple way to help EVERYONE. When we are KIND to each other, it helps us to feel connected, which means we forge new friendships or deepen existing ones. Choosing to approach your day with a mindset of KINDNESS is an incredibly powerful thing that can change lives and create a KINDER world.



DID YOU KNOW?

Research has also shown that when we're KIND, when someone is KIND to us or even if we just witness KINDNESS, our bodies release feel-good hormones which lift our mood, giving us what's known as a 'Helper's High'. It's also been shown that people who are KIND have much lower stress levels, age more slowly and have healthier hearts. KINDNESS isn't just a nice thing to do, but can help us improve our own well-being, while helping others at the same time. And Children's Mental Health Week is a perfect time to start!

FUN FACT! LAUGHTER IS THE BEST MEDICINE!

People have different types of laughs. You might have a loud belly laugh or a cheeky chuckle. Whatever type of laugh you have, laughing is good for you! Laughing makes you feel good, not just in that moment but in the long run too! When you laugh, your body sends out signals to different muscles and nerves to relax, calm down and ease pain.



JOKE!
My dad the children eat their homework?
Because their teacher told them it was a piece of cake!

FUN FACT!

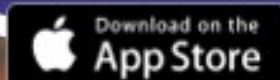
Bananas are a happy fruit!



They help to improve your mood!



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(School Years 3-7)

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- ★ Helps breakdown fears and worries into manageable steps
- ★ Development funded by the NHS



Helps pupils learn life-long skills to self-manage worries and build resilience

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